



Cooking with 5 Steps to Success

Handout JS19



How this activity supports curiosity:

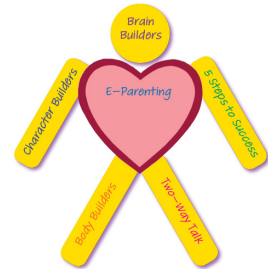
- _____
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Which Daily Do I want to focus on practicing:

- _____

When will I use Cooking with 5 Steps to Success:

- _____
- _____



Who else can do this activity with my child:

- _____

How to do this activity:

1. Watch for cues and signals to see if your child is ready to play and learn. Remember to help your child explore their natural curiosity during the activity.
2. Gather 3-5 safe kitchen items. Lay them on the floor so that your child can explore each of them.
3. Use your **5 Steps to Success** handout to guide you in practicing this Daily Do as your child explores different skills using the items from your kitchen. For example, if your child wants to learn how to drop or toss a spoon into a bowl, support them in learning this new skill. Remember to let your child take the **LEAD** during this activity so that you can join them in learning about what skills they're curious in exploring.