



Prenatal Play Station

Handout JS17

Other items I could put in the Play Station:



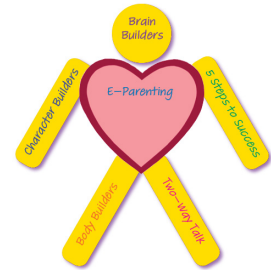
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Which Daily Do I want to focus on practicing:

- _____

When will I use this activity:

- _____
- _____



Who else can do this with my baby:

- _____

How to do this activity:

1. Using the Play Station you made, talk with your unborn baby about the different items you placed inside.
2. Hold each item in front of your belly and describe what it looks like, how it feels, what you're doing with the item, and what it sounds like. For example, you might say something like: **This is a rattle I made for you. It's pink and blue. I'm shaking the rattle up and down. It makes a soft noise. The rattle feels a little rough because I made it out of tape.**
3. As you tell your baby about each object you placed in their Play Station, pause for a moment to see if they respond to your voice. You may do this by waiting to see if you can feel their kicks, taps, and other movements.