



Prenatal Tell Me All About It Handout JS10



Other special items I can use for this activity:

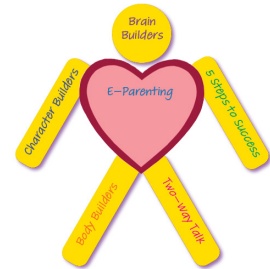
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Which Daily Do I want to focus on practicing:

- _____

When will I use this activity:

- _____
- _____



Who else can talk to my baby:

- _____

How to do this activity:

1. Gather 3 special items that you'd like to tell your baby about.
2. One-by-one, hold each item in front of your belly and describe it to your baby. You can tell your baby what the item may sound like, what it looks like, how it feels to the touch, what they may do with the item, and how the item might make them feel.
3. Once you describe the item to your baby, pause and wait a moment to see if your baby responds to you with their kicks, taps, and other movements. If you feel movement from your baby, you may respond to them with your voice or with your touch.
4. Follow these steps as you tell your baby about all the items.