



Daily Do... 5 Steps to Success

Handout JS18

Ex: How puzzle pieces fit together, how to shake a rattle, how to put a toy inside a container, etc.

watch and wait to see what they learn.

Ex: Hands you a toy, begins fussing, pats you on the hand, etc.

Ex: Gently guide their hand to drop an object in a container without dropping the object in the container for them. Then sit back and watch them explore and learn!

Remember learning takes time, it might take multiple tries for them to learn the new skill they're trying to master.

Continued



Cut out the steps below. With the support of your home visitor, paste each step with the correct example or statement on your ladder.

Step 1...Watch them closely to see what new skill they're interested in learning.

Step 2...Allow them a chance to figure out the new skill on their own.

Step 3...Watch their cues and signals that let you know they need help.

Step 4...Provide them with just enough help to practice the new skill they're learning.

Step 5...Let them know that you're proud of their efforts and tell them what they learned.

Continued



The potential payoffs that are important to me are:

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Growing Great Kids™

D A I L Y D O

5 Steps to Success

Building Self-Esteem and Supporting Learning

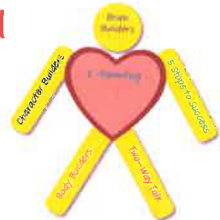
Handout JS18

Children are born to learn and be curious.
They can explore the world in safe, nurturing environments.



Step 1...Watch them closely to see what new skill they're interested in learning.

Ex: How puzzle pieces fit together, how to shake a rattle, how to put a toy inside a container, etc.



Step 2...Allow them a chance to figure out the new skill on their own.

Watch and wait to see what they learn.



Step 3...Watch their cues and signals that let you know they need help.

Ex: Hands you a toy, begins fussing, pats you on the hand, etc.



Step 4...Provide them with just enough help to practice the new skill they're learning.

Ex: Gently guide their hand to drop an object in a container without dropping the object in the container for them. Then sit back and watch them explore and learn!



Step 5...Let them know that you're proud of their efforts and tell them what they learned.

Remember learning takes time, it might take multiple tries for them to learn the new skill they're trying to master.



What are the potential payoffs for parents and children when parents use 5 Steps to Success many times throughout the day?

Children may:

- Feel more valued.
- Feel more competent.
- Be better able to concentrate on learning.
- Learn that the effort they put into something is as important as the accomplishment itself.
- Be more ready for learning in school.
- Feel that homework is easier to complete.
- Be more motivated and persistent in figuring out solutions.
- Feel more proud of their efforts and accomplishments.
- Learn to be more patient because they understand learning takes practice and effort.



Parents may:

- Feel they're more capable teachers.
- Find that learning is more fun for them and their children.
- Find that there is more family harmony.
- Feel less stressed because they know how to support their child's learning better.
- Develop more realistic expectations for their children.
- Find that family members learn to acknowledge and appreciate each other's accomplishments better.
- Find that their family is stronger because children and parents feel more confident and competent.
- Feel that their communities may have more value for putting effort into learning and accomplishing common goals.

