



## Cues and Signals of Young Infants<sup>4,5</sup>

### Handout A1

*My baby shows this engagement cue when they're ready to interact or enjoying something...*

- ☐ Gazes at my face
- ☐ Smiles
- ☐ Reaches for me
- ☐ Turns their head or eyes toward me
- ☐ Coos
- ☐ Makes their eyes big
- ☐ Babbles or talks
- ☐ Raises their head
- ☐ Has a brightened face
- ☐ Moves their arm and legs smoothly
- ☐ Stops moving



Continued



My baby shows this disengagement cue when they don't like something or they need to take a break...

- ☐ Turns their head away
- ☐ Cries or begins fussing
- ☐ Goes to sleep
- ☐ Squirms or kicks
- ☐ Arches their back
- ☐ Yawns
- ☐ Skin becomes pale or red
- ☐ Frowns
- ☐ Hiccups, burps and/or passes gas
- ☐ Wrinkles forehead
- ☐ Eyelids become droopy
- ☐ Eyes look dull
- ☐ Begins breathing fast

