



Social and Emotional Development Milestones Checklist^{4,5}

Handout A8



At this stage of development, my baby may...

- ☐ Play games or do activities that involve others like peek-a-boo or patty cake
- ☐ Point to things because they're interested in them or want them
- ☐ Try to get my attention
- ☐ Pay attention to what others are doing
- ☐ Notice when others enter a room
- ☐ Show strong emotions and behaviors to let me know they like or dislike something
- ☐ Laugh
- ☐ Want to stay with me or someone they know and trust
- ☐ Be afraid or shy around people they don't know
- ☐ Show fearful or worried feelings
- ☐ Begin to copy others
- ☐ Focus more on an activity or an object they're interested in while ignoring other things going on around them at the same time
- ☐ React to how other people are feeling. For example, if someone cries they might cry, or if a person laughs they may laugh too, etc.

Reminder...
Babies grow and develop at different rates. Your baby may be following a different path than other infants the same age.

How I can support social and emotional development...

- ☐ Continue to use nurturing responses when they need help or want me to comfort them
- ☐ Set and stick to routines
- ☐ Use words like "please" and "thank you" to help them understand manners
- ☐ Follow their lead as I play and interact with them
- ☐ Smile at them and make lots of eye contact
- ☐ Comfort and cuddle them when they cry or are feeling scared
- ☐ Play with them and invite others to play with them
- ☐ Help them learn about object permanence by playing seeking games with them like peek-a-boo
- ☐ Remind them it's okay to take it slow with new people or places