



Exploring Step 3 of E-Parenting^{3,5,9,14}

Handout A7

For each situation below, write down how you might use Step 3 of **E-Parenting** to support your infant.

Scenario #1 – I'm holding my infant and they're crying and pushing back on me.

How I'd like to support my baby: _____

Scenario #2 – My infant is sitting on the floor with toys around them. They start crying while I'm on the phone or watching TV.

How I'd like to support my baby: _____

Scenario #3 – During mealtime, my infant is kicking and reaching for the spoon when I'm trying to feed them.

How I'd like to support my baby: _____

Scenario #4 – My infant is fussing and rubbing their eyes.

How I'd like to support my baby: _____



Continued



Scenario #5 – While my infant is playing with a toy, they start crying because they can't make the toy work the way they want it to work.

How I'd like to support my baby: _____

Scenario #6 – My infant wants something that they can't have, so they're screaming.

How I'd like to support my baby: _____

E-Parenting

