



Cognitive Development Milestones Checklist^{3,5}

Handout C9



At this stage of development, your child may...

- ☐ Understand that objects have different shapes and sizes
- ☐ Engage in pretend or make-believe play acting out different characters and animals
- ☐ Be able to count up to 3
- ☐ Match or sort objects that are the same together
- ☐ Enjoy music, singing, or dancing

How you can support cognitive development...

- ☐ Encourage them by pointing out their efforts
- ☐ Use art supplies to encourage their creativity and ask them to talk about what they create
- ☐ Give them various clothing items to dress up with as they play pretend
- ☐ Play matching games with them and describe the objects using colors, shapes, and sizes
- ☐ Read books together. Encourage them to describe what they see and tell their own stories
- ☐ Play action games that include singing and music

Reminder...
Children grow and develop at different rates. Your child may be following a different path than other toddlers the same age.

