



Following by Leading

Handout C17



Other things my toddler can copy me doing:

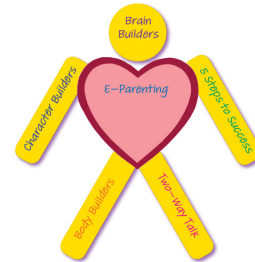
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Which Daily Do I want to focus on practicing:

- _____

When will we do this activity:

- _____
- _____



Who else can do this activity with my child:

- _____

How to do this activity:

1. Use **Ready for Play and Learning** to see if your child is ready to play and learn. Remember to use **5 Steps to Success** as you help your toddler explore their natural curiosity during the activity.
2. Find something like a hat, scarf, or bandanna that can identify whose turn it is to be the leader. Then, encourage your child to imitate what you're doing by saying something like: **Follow me! I'm running to the kitchen. Follow me! I'm crawling to the couch.**
3. Remember, you can also use this activity to encourage your toddler to learn self-care skills. For example, you might pretend to brush your teeth or wash your arm as you encourage your child to follow your lead.
4. To make this activity more fun, give your toddler a chance to be the leader as you imitate their actions.