



# Let's Jump and Stretch Up High

Handout C26



Other songs I can sing with my toddler:

- \_\_\_\_\_
- \_\_\_\_\_

Which Daily Do I want to focus on practicing:

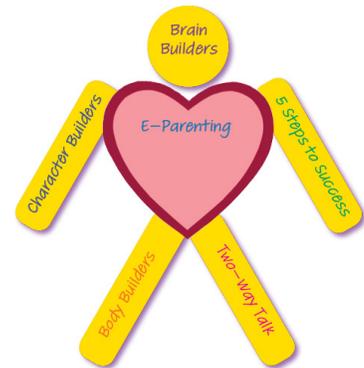
- \_\_\_\_\_

When will we do this activity:

- \_\_\_\_\_

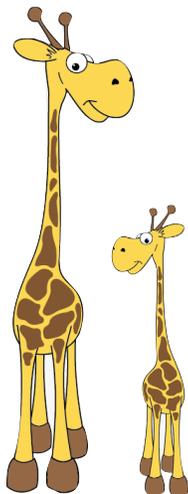
Who else can do this activity with my child:

- \_\_\_\_\_



How to do this activity:

1. Use **Ready for Play and Learning** to see if your child is ready to play and learn. Remember to use **5 Steps to Success** as you help your toddler explore their natural curiosity during the activity.
2. Sing the song below with your child as you encourage them to act out the body movements. Many parents like to sing this song to the tune of The Farmer in The Dell.



Let's jump and stretch up high,  
Let's jump and stretch up high,  
Let's jump and stretch up to the sky,  
Let's jump and stretch up high!

Let's kick our legs up high,  
Let's kick our legs up high,  
Let's kick our legs up to the sky,  
Let's kick our legs up high!

Let's bend and touch our toes,  
Let's bend and touch our toes,  
Let's bend and touch and turn around,  
Let's bend and touch our toes.

