



# Healthy Homemade Puzzles

## Handout C18

Other Healthy Homemade Puzzles I can make for my toddler:

- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_

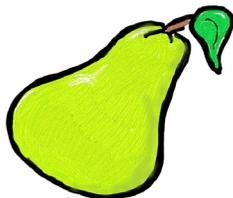
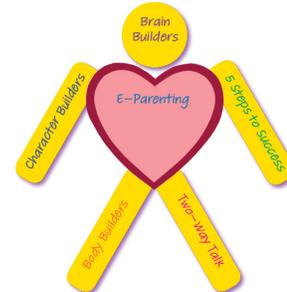


Which Daily Do I want to focus on practicing:

- \_\_\_\_\_

When will we do this activity:

- \_\_\_\_\_
- \_\_\_\_\_



Which skills or concepts I want my child to learn:

- \_\_\_\_\_
- \_\_\_\_\_

How to do this activity:

1. Use **Ready for Play and Learning** to see if your child is ready to play and learn. Remember to use **5 Steps to Success** as you help your toddler explore their natural curiosity during the activity.
2. Gather the puzzles you created and help your child explore each puzzle one at a time. Provide them with help as needed in connecting the pieces together.
3. Once your toddler completes a puzzle, have a conversation with them about the healthy food. Tell your child about the food's taste, smell, texture, etc.
4. As your toddler learns how to complete their puzzles, create more Healthy Homemade Puzzles for them to explore.