



## Cognitive Development Milestones Checklist<sup>4,7</sup>

### Handout C3



*At this stage of development, my child may...*

- ☐ Enjoy looking at books and learning new concepts through the pictures they see
- ☐ Play pretend or make-believe with others
- ☐ Begin to match objects or sort using shapes or some colors
- ☐ Show that they understand things can be different sizes
- ☐ Be aware of numbers or the order of numbers when someone counts aloud
- ☐ Show an increase in their attention span during activities/play
- ☐ Solve toddler-sized problems using trial and error
- ☐ Be able to complete simple puzzles

Reminder...  
Children grow  
and develop at  
different rates. Your  
child may be following  
a different path than  
other toddlers the  
same age.

*How I can support cognitive development...*

- ☐ Encourage them by pointing out their efforts
- ☐ Use art supplies to encourage their creativity and ask them to talk about what they create
- ☐ Give them some time and space to solve their own problems and if they need help, give them just enough support so that they can accomplish the task on their own if possible
- ☐ Incorporate the use of shapes and colors during play and throughout our daily routine
- ☐ Use counting during play and everyday interactions
- ☐ Encourage them to fill-in-the-blanks when reading a book or singing a familiar song
- ☐ Play matching games with them and describe the objects using colors, shapes, and sizes
- ☐ Read books together and encourage them to describe what they see
- ☐ Play action games that include singing and music

