



Count and Switch

Handout C13

Other activities my toddler can transition between:

- _____
- _____
- _____

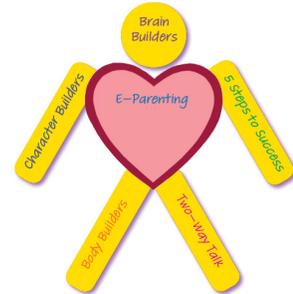


Which Daily Do I want to focus on practicing:

- _____

When will we do this activity:

- _____
- _____



Which skills or concepts I want my child to learn:

- _____
- _____

How to do this activity:

1. Use **Ready for Play and Learning** to see if your child is ready to play and learn. Remember to use **5 Steps to Success** as you help your toddler explore their natural curiosity during the activity.
2. Set a timer or stopwatch for 5 minutes. Then, let your child pick between 2 activities that they enjoy, like playing with blocks or coloring with crayons.
3. Count down from 5 using your hand. Once you've finished counting, begin the timer, and join your toddler in doing the activity they chose. Watch the timer and give them a 1 minute warning when it's almost time to switch activities.
4. When the timer goes off, encourage them to choose between two other activities that they enjoy. Count down from 5 again. Then, play with your child for another 5 minutes.