



Look at Me...Look at You

Handout B60

Why I want to do this activity with my child:



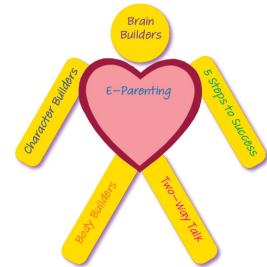
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Which Daily Do I want to focus on practicing:

- _____

When will we do this activity:

- _____
- _____



Who else can do this activity with my child:

- _____

How to do this activity:

1. Use **Ready for Play and Learning** to see if your child is ready to play and learn. Remember to use **5 Steps to Success** as you help your toddler explore their natural curiosity during the activity.
2. Looking into a mirror with your child, ask them who they see.
3. Encourage them to do things such as: making faces that express different feelings, wearing different hats, playing dress up, and pointing to parts of the body.
4. While you're doing this with your child, tell them things like: how healthy and strong they look, how cute they are, how funny they are, how tall they are, and how much you love them. Say something like: **Look at how tall you are! I like the hat you're wearing. You're making a silly face. You're so happy!**