



Traditional Songs

Handout B38

How this activity supports my child to feel calm:



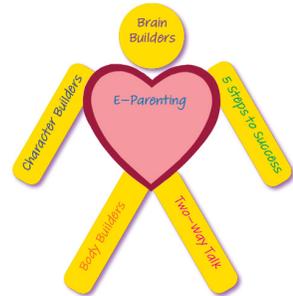
- _____
- _____
- _____

Which Daily Do I want to focus on practicing:

- _____

When will we use Traditional Songs:

- _____
- _____



Who else can sing to my child:



- _____

How to do this activity:

1. Use **Ready for Play and Learning** to see if your child is ready to play and learn. Remember to use **5 Steps to Success** as you help your toddler explore their natural curiosity during the activity.
2. Select a traditional song or rhyme to sing. If your child seems ready, sit on the floor across from them or ask them to sit near you.
3. Looking into their eyes, sing the song while you make your face expressive. Use your hands to highlight certain words or move their hands or feet to the rhythm of the song. Or, if your child is feeling upset, try rocking them gently in your arms as you sing softly.
4. As your child develops their language and communication skills, encourage them to join you in humming, singing, or doing hand motions.