



Action-Reaction Shakers

Handout B19

How this activity supports brain development:



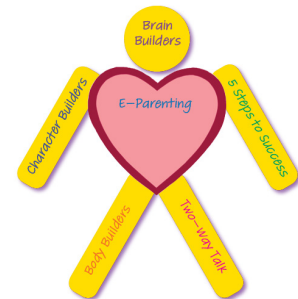
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Which Daily Do I want to focus on practicing:

- _____

When will we use the Action-Reaction Shakers:

- _____
- _____



Who else can do this activity with my child:

- _____

How to do this activity:

1. Use **Ready for Play and Learning** to see if your child is ready to play and learn. Remember to use **5 Steps to Success** as you help your toddler explore their natural curiosity during the activity.
2. Gather empty containers preferably with safety lids and fill each one with something different such as rice, noodles, or shells so that the shakers make different sounds. Secure the lids with glue, then several layers of duct tape.
3. Decorate the shakers either using duct tape or nontoxic permanent markers.
4. Show your child how to move the shakers so that they make noise. As you do this, dance and/or sing a song that your child enjoys and that is special to your culture. You may want to turn on some music to make it more fun.
5. Remember to **ALWAYS** supervise your child with homemade toys. If you notice the toy is falling apart in any way, discard of it as soon as possible.