



Cognitive Development Milestones Checklist¹²

Handout B6



At this stage of development, my child may...

- Realize that things exist even when they can't see them
- Find things in pictures when they're asked
- Expect events to happen in order and for their routines to be predictable
- Follow simple directions such as:
"Show me the cat."
- Learn how things work by exploring items with their hands (i.e. pouring and mixing, fitting things into a hole, and stacking things and knocking them down)
- Match similar items or objects such as: socks, shoes, or blocks
- Use their imagination while playing (making truck sounds while playing with toy trucks, feeding a stuffed animal, etc.)
- Use playdough, crayons, and paints to create artwork
- Show understanding of some colors and shapes
- Show increased memory skills by asking for something when they can't see it such as when a toy is taken away

Reminder...
Children grow and develop at different rates. Your child may be following a different path than other children the same age.



Continued



*How I can support my child's
cognitive development...*

- Keep adding to the various items they play with
- Talk about events that have happened recently
- Talk about people they remember
- Count things together in books and find these objects around our home
- Point out colors and shapes when talking with them
- Give them simple directions such as: "Put your toys in the basket, please."
- Make special books with them and read them together
- Read various books together and encourage them to talk about it and point to the pictures
- Encourage them to make music and dance using shakers, pots, and pans

Remember that the Daily Do
Brain Builders
supports healthy brain development.

