



Push and Pull

Handout B33

Reasons I want to do this activity with my child:



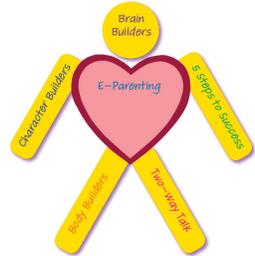
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Which Daily Do I want to focus on practicing:

- _____

When will we do this activity:

- _____
- _____



Who else can do this activity with my child:

- _____

How to do this activity:

1. Use **Ready for Play and Learning** to see if your child is ready to play and learn. Remember to use **5 Steps to Success** as you help your toddler explore their natural curiosity during the activity.
2. Find a container or object (toy, box, basket, etc.) that can be attached to a shoelace or rope no longer than **12 INCHES**. Wagons also work great for this game and you won't have to use a rope. Remember to **ALWAYS** supervise your child during this activity. Fill the container with a few small, but safe items. Noisy toys make this the most fun!
3. Encourage your child to push and pull the object to different places. Say things like: **Push it to the door. Good job! Now pull it to the couch.** Remember to use imaginary play and encourage your toddler to imitate you doing household chores. Your toddler will also enjoy if you make up stories about what they're pushing and pulling. **MOST OF ALL, REMEMBER TO HAVE FUN!**