



Obstacle Course

Handout B29

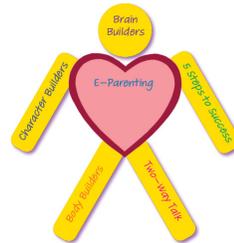
How this activity benefits my child:



- _____
- _____
- _____

Which Daily Do I want to focus on practicing:

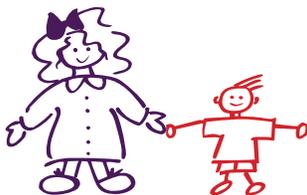
- _____



When will we do this activity:

- _____
- _____

Who else can do this activity with my child:



- _____
- _____

How to do this activity:

1. Use **Ready for Play and Learning** to see if your child is ready to play and learn. Remember to use **5 Steps to Success** as you help your toddler explore their natural curiosity during the activity.
2. Either indoors or outdoors, make an obstacle course for your child to practice moving through by using boxes, chairs, tables, blankets, cloth tarps, pillows, etc.
3. Set these things up in a way that they will need to crawl over, under, and through them. Spreading the items out so they can run and jump will make it more fun as they grow.
4. Use the words **over**, **under**, and **through** as well as action words like **run** and **jump** to describe what they're doing. Encourage them to practice saying these words.