



Cognitive Development Milestones Checklist¹²

Handout B6



At this stage of development, my child may...

- ☐ Realize that things exist even when they can't see them
- ☐ Find things in pictures when they're asked
- ☐ Expect events to happen in order and for their routines to be predictable
- ☐ Follow simple directions such as:
"Show me the cat."
- ☐ Learn how things work by exploring items with their hands (i.e. pouring and mixing, fitting things into a hole, and stacking things and knocking them down)
- ☐ Match similar items or objects such as: socks, shoes, or blocks
- ☐ Use their imagination while playing (making truck sounds while playing with toy trucks, feeding a stuffed animal, etc.)
- ☐ Use playdough, crayons, and paints to create artwork
- ☐ Show understanding of some colors and shapes
- ☐ Show increased memory skills by asking for something when they can't see it such as when a toy is taken away

Reminder...
Children grow and develop at different rates. Your child may be following a different path than other children the same age.



Continued



*How I can support my child's
cognitive development...*

- ☐ Keep adding to the various items they play with
- ☐ Talk about events that have happened recently
- ☐ Talk about people they remember
- ☐ Count things together in books and find these objects around our home
- ☐ Point out colors and shapes when talking with them
- ☐ Give them simple directions such as: "Put your toys in the basket, please."
- ☐ Make special books with them and read them together
- ☐ Read various books together and encourage them to talk about it and point to the pictures
- ☐ Encourage them to make music and dance using shakers, pots, and pans

Remember that the Daily Do
Brain Builders
supports healthy brain development.

