



## Ball Basics

### Handout B20



#### How this activity supports physical development:

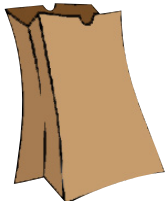
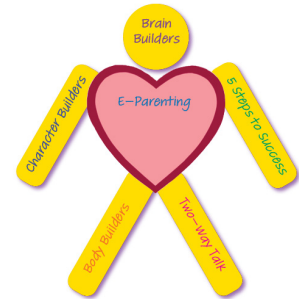
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#### Which Daily Do I want to focus on practicing:

- \_\_\_\_\_

#### When will we do this activity:

- \_\_\_\_\_
- \_\_\_\_\_



#### Who else can do this activity with my child:

- \_\_\_\_\_
- \_\_\_\_\_

#### How to do this activity:

1. Use **Ready for Play and Learning** to see if your child is ready to play and learn. Remember to use **5 Steps to Success** as you help your toddler explore their natural curiosity during the activity.
2. Using your homemade ball (or another ball your child has), play with your toddler and help them learn how to do things like: kick it, roll it, and throw it to you or into a basket.
3. As you and your child play ball, encourage your toddler to learn new words by talking about what you're doing. You can say things like: **Roll the ball to me. Toss the ball in the basket.**