



## Step 3 of E-Parenting for Toddlers

### Handout B11

Place a check next to the item you're already doing. Feel free to brainstorm ideas you'd like to try with your child.

**Happy**

Ways I Support My Child: \_\_\_\_\_

New Ideas: \_\_\_\_\_

**Sad**

Ways I Support My Child: \_\_\_\_\_

New Ideas: \_\_\_\_\_

**Excited**

Ways I Support My Child: \_\_\_\_\_

New Ideas: \_\_\_\_\_

**Frustrated**

Ways I Support My Child: \_\_\_\_\_

New Ideas: \_\_\_\_\_

**Surprised**

Ways I Support My Child: \_\_\_\_\_

New Ideas: \_\_\_\_\_

Continued



Place a check next to the item you're already doing. Feel free to brainstorm ideas you'd like to try with your child.

**Tired**

Ways I Support My Child: \_\_\_\_\_

New Ideas: \_\_\_\_\_

**Proud**

Ways I Support My Child: \_\_\_\_\_

New Ideas: \_\_\_\_\_

**Bored**

Ways I Support My Child: \_\_\_\_\_

New Ideas: \_\_\_\_\_

**Angry**

Ways I Support My Child: \_\_\_\_\_

New Ideas: \_\_\_\_\_

**Determined**

Ways I Support My Child: \_\_\_\_\_

New Ideas: \_\_\_\_\_