



Jump, Jump Handout B58



Places where we can do this activity:

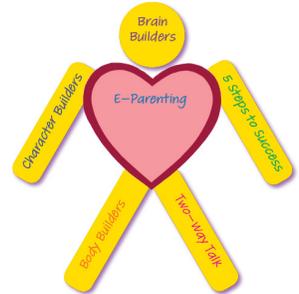
- _____
- _____
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Which Daily Do I want to focus on practicing:

- _____

When will we do this activity:

- _____
- _____



Who else can do this activity with my child:

- _____
- _____
- _____

How to do this activity:

1. Use **Ready for Play and Learning** to see if your child is ready to play and learn. Remember to use **5 Steps to Success** as you help your toddler explore their natural curiosity during the activity.
2. Tell your child you're going to practice jumping together. Hold both of their hands as you help them learn how to jump with both feet. Count **1...2...3...JUMP** as you jump together.
3. Once your child has learned to jump, give them opportunities to jump **OFF** and **OVER** things such as: a small step, a stick, a line of tape on the floor, etc. Remember to always supervise your child when they're practicing jumping.