



Follow Me
Handout B53

What I want my child to learn:



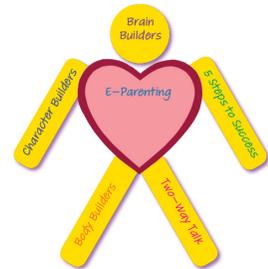
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Which Daily Do I want to focus on practicing:

- _____

When will we do this activity:

- _____
- _____



Who else can do this activity with my child:



- _____
- _____

How to do this activity:

1. Use **Ready for Play and Learning** to see if your child is ready to play and learn. Remember to use **5 Steps to Success** as you help your toddler explore their natural curiosity during the activity.
2. Get your child's attention and tell them they're going to play a game with you. Say something like: **We're going to play a game. Do you want to follow me?**
3. Begin by marching around the room. Encourage them to follow you. Tell them what they're hearing, seeing, and doing. Say something like: **I'm marching. You're marching. Our feet are making noise. You're feeling happy!**
4. Remember to acknowledge your toddler for their efforts and encourage them to follow you doing other things like: running, skipping, hopping, crawling, etc.