

KidsFirst Partners in Regina?

- Eagle Heart Centre
- Regina Early Learning Centre
- Regina Open Door Society
- Rainbow Youth Centre
- Primary Health Care

How Can You Get Involved in the KidsFirst Program?

- Call us or visit our website for more information
- To book an assessment—call 306-766-6340
- Ask an agency that is supporting us to make a referral



1550 14th Avenue,
Regina, SK, S4P 0W6
306-766-6340
KidsFirstRegina.com



KidsFirst Regina is partnered with Saskatchewan Health Authority



If you are pregnant or have a child 2 years of age or younger, KidsFirst may be the program for you!



Home Visiting Program

- STRENGTH BASED
- FREE
- OPTIONAL

What is KidsFirst?

KidsFirst is a free, voluntary home visiting program designed to support healthy child development and attachment.

What Can KidsFirst Do For You and Your Family?

The first three years are critical. The purpose of KidsFirst is to support your family as you bring a new baby into your life.

Families can benefit from KidsFirst supports and services before and after the birth of a baby.



How Does KidsFirst Work?

"My Home Visitor is an excellent listener and has given me inner strength and confidence."

An assessment will help determine if the program is for you. If it is, a Home Visitor will visit you weekly in your home, share Growing Great Kids activities and support you as your family grows.

"You have inspired me to be a better parent, to listen and be patient with my daughter."

The Home Visitor Will Help You Achieve Your Goals By:

- Listening
- Building on your family's strengths
- Sharing information about parenting and child development
- Providing fun activities for you and your child that promote brain development
- Connecting you to other services

KidsFirst Team Members Will Also Support You To:

- Deal with difficult issues
- Explore traditional cultural teachings and participate in ceremonies

"I get to talk to someone who doesn't judge me and who really cares about my child."

