



Cultural Broker Services: Traditional Complimentary Services



KidsFirst Regina

Opportunity to meet with Elders - both male and female Elder.

Appointments in your home or at the office.

Provide individual and group teachings such as:

- Traditional parenting
- Relationships
- Stress management
- Grief and loss
- Anger Management
- Drug and Alcohol issues
- Support
- Mothers First Program
- Traditional Parenting
- Teepee Teachings
- Medicine Wheel Teachings
- Traditional arts and crafts

Traditional Services such as:

- Seasonal Sweats
- Providing Prayer and blessings
- Smudging self and home
- Medicine Walks
- Legend Teachings
- Talking Circles

Please inquire about any additional services.

