



Addiction Services Programs and Services

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Community Coordinator

Addiction Services



- Addiction Services programs are available for any person who is dependent on, or affected by another's use of alcohol or drugs.
- Individuals are assessed according to their needs and placed in the most appropriate combination of programs and services. This could include individual counselling or group sessions for the client or family members.
- Aftercare follow up services are available for those who have completed programs.

- Adult and Detox Services
 - 1640 Victoria Avenue
- Youth Addiction Services, Problem Gambling, Co-Occuring Disorders
 - 2110 Hamilton Street
- Harm Reduction Methadone Program
 - 1048 Albert Street

- Drug Treatment Court Program Centre
- Secure Youth Detox Centre
 - Located at Paul Dojack Centre
 - Toothill Street and Ritter Avenue

Adult Programs

- Walk- in Screening Appointments
 - Mon., Wed. & Fri. – 9:30 to 11:30 and 1:00 to 3:00
- Client can phone for the appointment.
 - Intake office – (306) 766-6650
- Counsellor will assess for substance abuse or dependence.
- If the assessment is indicative of a problem, they may come back for further services, depending on their motivation to do so.

- Insight Group
- Discovery Group
- Ready for Change Group
- Comprehensive Day Treatment Program
- Relapse Prevention Group
- Concurrent Disorder Group
- Recovery Group (4 Directions)

- To provide a safe controlled environment to individuals who are under the influence of alcohol and/or drugs or are in a state of withdrawal
- Individuals will stay at the 20 bed Brief “Intox” Beds or at the 25 Social “Detox” Detoxification Beds.

- Clients must be significantly under the influence of alcohol or drugs demonstrating all or some of the following effects:
 - strong smell of alcohol
 - noticeable lack of reasoning ability
 - decreased inhibitions and short term memory
 - vision and hearing may seem impaired
 - slow, repetitious, slurred or extremely rapid speech
 - noticeable muscular co-ordination problems

- Dependent on client's motivation
- Until all acute withdrawal symptoms have subsided.
- Client can be referred to Social Detox if they desire

- Clients may be self or agency referred
- Clients must present or have recently been under the influence of alcohol or drugs. Their level of intoxication and history will determine intox versus detox
- They must be stabilized on any psychiatric and or anti-seizure medication if they are on such medications
- They will not be admitted if psychiatric care or care for a serious injury is required

- Anywhere from three to 14 Days
- Dependant on:
 - What chemical was used
 - How much
 - How often

- Primarily working with individuals in the Brief and Social Detox
- Assist with life skill development and coping strategies to promote the social determinants of health and independent living in the community.
- Being an advocate for the individual, when needed.

- Outreach Services are provided to a variety of locations including
 - *Four Directions Community Health Centre*
 - *AIDS Programs South Saskatchewan - Regina*
 - *Adult Campus*
 - *All Nations Hope AIDS Network*
 - *Inpatient Mental Health Services at General Hospital*
 - *Domestic Violence Court Treatment Option*

- This is a harm reduction program for injection drug users that also includes a recovery option.
- Program goals include:
 - improving the social determinants of health for injection drug users and other at-risk individuals,
 - reducing injection drug use, drug-related crime rates and Hepatitis C and HIV infection rates in Regina and area.

- The DTC is a joint initiative involving Health and Justice (both federally and provincially). Participants are involved with the program for approximately 12 months.
 - Structured programming will run daily Monday through Friday 9 a.m. to 4 p.m.
 - All referrals must be submitted to the Prosecutor's Office.

- The Correctional Addiction Initiative is a program for inmates incarcerated at the Regina Provincial Correctional Center (RPCC).
 - It is a dedicated in-patient unit that houses 20 offenders for a period of 5 weeks.
 - Structured programming will run daily Monday through Friday

- **Addiction Services Community Education**
Services incorporates best practices model in delivering community education programs within the Regina Qu'Appelle Health Region
- The focus is on Education and Prevention.
Our hope is to create a better understanding of addictions in our community.

- Fort Qu'Appelle
 - Community Health Services Centre

- Grenfell
 - Grenfell Health Centre

Thank You!

